Love Addiction

**Resources:**

**SUPPORT GROUPS**

**Sex & Love Addicts Anonymous**

**Alanon**

**Alanon/Adult Children of Alcoholics**

**Houston Area Women’s Center**

**Co-Sex Addicts Anonymous**

**Sex Addicts Anonymous**

**Recovering Couples Anonymous**

**Alcoholics Anonymous**

**Co-Dependents Anonymous**

**Suggested Reading**

Bireda, Martha. (1990) Love Addiction: A Guide to Emotional Independence. Oakland, CA: New Harbinger Publications.

Carnes, Patrick. (1991) Don't Call it Love: Recovery From Sexual Addiction. New York: Bantam Books.

Carnes, Patrick. (1992) Out of the Shadows: Understanding Sexual Addiction. Center City, Minnesota: Hazelden.

Carnes, Patrick. (1997) The Betrayal Bond: Breaking Free of Exploitive Relationships. Deerfield Beach, FLA: Health Communications.

Forward, Susan & Buck, Craig. (1991) Obsessive Love. New York: Bantam Books.

Griffin-Shelley, Eric. (1991) Sex & Love: Addiction, Treatment, & Recovery. Westport, Connecticut: Praeger

Kasl, Charlotte Davis. (1989) Women, Sex, and Addiction: A Search for Love and Power. New York: Harper and Row.

Mellody, Pia, Miller, Andrea, Miller, J. Keith. (1989) Facing Codependence: What is it, Where it Comes From, How it Sabotages Our Lives. San Francisco, CA: Harper & Row.

Mellody, Pia, Miller, Andrea, Miller, J. Keith. (1992) Facing Love Addiction: Giving Yourself the Power to Change the Way You Love. San Francisco, CA: HarperSanFrancisco.

Peabody, Susan. (1994) Addiction to Love: Overcoming Obsession and Dependency in Relationships, 2nd Ed., Berkeley, CA: Celestial Arts.

Peele, Stanton. (1975) Love and Addiction. New York: New American Library.

Schaeffer, Brenda. (1987) Is it Love or is it Addiction?. Center City, Minnesota: Hazelden.

Schaff, Anne Wilson. (1989) Escape From Intimacy: Untangling the "Love" Addictions: Sex, Romance, Relationships. San Francisco, CA: Harper San Francisco.